



## Rep Putty

### SHORT DESCRIPTION

Rep Putty is a malleable putty in 6 progressive resistance levels. It can be used to develop strength in the hands and fingers or as a sensory, emotional or attentional, regulation tool.

#### Characteristics

- Will not dry
- Non-oily
- Non-toxic
- Latex-free
- Odourless
- Gluten-free
- Anti-microbial inhibitor
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Resistance Level	Colour
xx-soft	Almond
x-soft	Peach
Soft	Orange
Medium	Green
Firm	Blue
x-firm	Plum

#### How does this tool work?

Rep Putty is malleable, therefore can be squeezed or stretched. You can also hide small objects (ex: pearls, dried peas, etc.) and ask the child to find them, which will make it a fun activity and stimulate his interest.

### HOW TO USE IN EVERYDAY LIFE

With its texture and the various resistance levels, Rep putty can be used to:



- Develop hands and fingers muscles:
  - Manipulating the putty to squeeze it and stretch it will stimulate several hand and finger muscles.
  - Those muscles are important to grasp tools (ex : utensils, toothbrush, crayon, scissors, etc.).
- Encourage fingers mobility :
  - You can squish one finger at a time in the putty to stimulate isolated movement from each finger.
  - Finger mobility is also encouraged when you need to find hidden objects in the putty.
- Increase body awareness:
  - Manipulating the putty stimulates proprioceptive receptors, therefore awareness of the arm, hand and finger. With a better body awareness, the child will be able to write, colour, cut, etc. in an easier way.
- Optimize receptiveness and attention :
  - Manipulating the putty can help focus during activities requiring undivided attention and encourage calming down through tactile sensory proprioceptive stimulations.

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## WHO IS IT FOR?

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We recommend it for children, teenagers and adults, in different contexts, at home, school, daycare, work and other. Interesting to use with:

- An individual who must increase strenght and mobility of hands and fingers;
- An individual who must improve his grasp to manipulate different tools (ex: utensils, toothbrush, crayon, scissors);
- An individual who manipulates his clothes, hair, school tools and has difficulty focusing.

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## PRECAUTIONS

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- Level of resistance must be chosen according to the person's capacities.
- Avoid contact with textile.